

30th Annual Activity Professional Weekend Retreat

VIRTUAL

August 15 & 16, 2026

13.5 Contact Hours of Education



Who Should Attend: This weekend retreat offers activity directors, activity assistants, volunteers and facility staff a chance to network and attend educational programs to enhance quality of life with their residents/clients.

Continuing Education: This weekend retreat provides 13.5 contact hours of continuing education which will be accepted by the National Certification Council for Activity Professionals (NCCAP) and the Activity Professionals National Credentialing Center (APNCC); however, these hours may or may not be accepted by other entities or certifying bodies.

General Information: Due to the aftermath of the several year pandemic this retreat will be offered virtually as the camp site does not allow for much physical distancing. This year we have some new presenters and looking forward to great learning experience for Activity Professionals from all levels of care.

Participants can chose to attend the **live** Activity Professional Weekend Retreat (via Zoom) or **request recordings** of the entire retreat—so they are able to watch the educational sessions and then complete a quiz of understanding in order to receive a continuing education certificate.

Saturday, August 15, 2026

8:30-9:00AM—**Welcome, Introductions, General Information**

9:00-10:30AM— **Gaming & Seniors “Spintopia”**
presented by Sasha Dawn, CEO and Founder of
Utopia Experiences, Inc.



10:30AM-12:00PM— **Strategic Planning for Activity Directors** presented by Timothy Anderson, M.Ed., ACC/EDU, CVCS, CVCS-T, CMDCP, CDP, CADDCT, CMDCPT, CPC, CIPG, BM; TMWC Educational Service, West Warwick, RI
This session is your compass for 2027. We’ll assess your program’s current landscape, identify three high-impact priorities, and chart a course toward meaningful improvement. Whether you're refining systems or launching new initiatives, you’ll leave with a clear, actionable plan—and the confidence to lead with purpose. Whether you're leading a team or flying solo, you’ll leave with a clear roadmap and renewed confidence to guide your department into the new year—with purpose, clarity, and heart.

12:00-1:00PM—Lunch

1:00-2:30PM— **Creative Engagement for the Aging**
presented by Mary Beth Flynn, Founder of Artfully Aging



2:30-4:00PM—Maximizing Google Calendar and Other Tools to Meet Strategic Goals

presented by Timothy Anderson, M.Ed., ACC/EDU, CVCS, CVCS-T, CMDCP, CDP, CADDCT, CMDCPT, CPC, CIPG, BM; TMWC Educational Service, West Warwick, RI

Let your tools do the heavy lifting. In this hands-on session, you'll learn how to use Google Calendar, Mail Merge, and other digital supports to simplify your workflow, stay organized, and align your daily tasks with your department's strategic goals. Whether you're tech-savvy or just getting started, this session will help you build efficient, personalized systems that bring structure to your vision—and ease to your day. Turn your tech tools into strategic allies and reclaim time for what matters most.

4:00-5:30PM— **Color_{me}Loved** **Coloring & Quilt Making Creative Program** presented by Amber Taylor, Founder of Color Me Loved

Sunday, August 16, 2026



9:00-10:30AM—**Music Discussion Club book—Beatles Mania to Engage Your Residents** presented by Namrata Bagaria, MBBS, MPH, PhD (c) Cofounder and CEO Music and Memory Junction

10:30AM-12:00PM—**CREATION and Seniors**—Choice, Rest, Environment, Activity, Trust, Interpersonal Relationships, Outlook, Nutrition presented by John Collins, CTRS, ACC/EDU, Collins Healthcare Education and Cathy Hester, ADC

12:00-1:00PM—Lunch

1:00-2:30PM— **Resident ONBOARDING—Fostering Connections from Day 1** presented by Don Oh, Life Enrichment Coordinator, Amica Unionville

2:30-4:00PM— **Understanding Room Visits** presented by John Collins, CTRS, ACC/EDU, Collins Healthcare Education



REGISTRATION FORM

NAME: _____
FACILITY: _____
EMAIL: _____
TELEPHONE: W (_____) _____; Cellular (_____) _____

Select:
Live: _____
Recording: _____

Make check payable to Collins Healthcare Education, Inc. and mail to:
P.O. Box 780251, Orlando, FL 32878-0251 For more information contact (407) 282-9647, (407) 435-5242 cell/text, collinshealthedu@aol.com or www.collinshealthedu.com. **Registration Fee:** \$ _____ Check has been sent to the PO Box addressed above. **Payment can be made on www.collinshealthedu.com**

Registration fee for all educational sessions. Limit of 100 live participants—no exceptions—those who register and pay first will be provided additional information. \$100 (paid by 5/1); \$120 (paid after 5/2)

website—go to Registration Form tab—complete information. If paying using a PayPal account use the pull down and select Activity Education, then select the appropriate amount based on when you are paying. No refunds after August 1, 2026. All refund requests must be in writing and will be charged a 25% administrative fee. If special needs are needed, please contact the Retreat Coordinator in advance.